

4. Teen Issues (Teen Pregnancy, STD's, ATOD) [79 Points]

- ❑ According to the Cheatham County Data Summary, the *rate of births to adolescent mothers (ages 10-17, per 1,000 population)* in the county is 4% higher than the Region but 27% lower than the State rate for 1995.
- ❑ The *Teen Pregnancy* rate for the county (17.6 per 1,000 population) is 10% below the Mid-Cumberland Region and 23% lower than the State rate of 23.0 adolescent pregnancies per 1,000 population. It was noted the rate for Tennessee and the nation as a whole are the highest in the industrialized world. Therefore, when we compare the county with the State or Region we may feel good about the comparison. However, in reality, state rates are excessive as compared with other similar nations.
- ❑ Reasons given to explain why the pregnancy rate in the county is lower than the State rate were: Demographics, Family morals, more family households (both parents), Religious heritage, Activities in the county.
- ❑ The council reviewed the handouts related to Adolescent Problem Behaviors. These are Adolescent Pregnancies, Adolescent Violent Deaths, Children Referred to Juvenile Court, Children Entering State Custody, and High School Dropouts. Overall, this data shows Cheatham County's Adolescent Problem Behavior numbers rank at #8 and the rate of Adolescent Problem Behaviors rank at #6 among the twelve Mid-Cumberland Region counties. The county population is ranked #7 of the 12 counties in the Region.

5. Obesity-General Nutrition- High Blood Pressure- Lack of Health Awareness and Education-Lack of Awareness of Health Care Resources and Availability (79 Points)

- ❑ The TN Behavioral Risk Factor Survey 1995 Summary included the following information:
 - Hypertension:
 - ⇒ 26.7% of Tennesseans were told they had high blood pressure in 1995
 - ⇒ 25.6% of Tennesseans were told they had high blood pressure in 1984
 - ⇒ 95.3% of Tennesseans have had their blood pressure checked in the past two years by a health professional
 - ⇒ 21.0% of Cheatham County residents are estimated to have high blood pressure (1996 Cheatham County BRFS)
 - Overweight:
 - ⇒ 35.4% of Tennesseans are considered overweight in 1995 (based on weight at or above 120% of ideal weight)
 - ⇒ 21.4% of Tennesseans were considered overweight in 1984
 - ⇒ 77.0% of Cheatham County residents have never been given advise about their weight (1996 Cheatham County BRFS)